

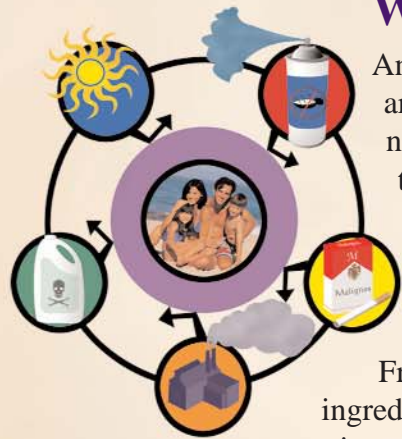
## What are Free Radicals?

Free Radicals are one of the greatest threats to our health. They are found everywhere, in the food we eat and in the air we breathe, they even occur from every day activities. Some environmental factors can cause there to be excessive amounts of free radicals in the body. These factors include smoking, pollution, exposure to X-rays, microwaved food, sunlight, alcohol, rancid oil, overly processed foods, household cleaners, and some food additives. These harmful chemicals are highly reactive and cause damage to whatever cell they come in contact with. Some Free Radicals even cause chain reactions that damage cells throughout the body until they are neutralized. It is estimated that each of our body's three trillion cells come under attack ten-thousand times a day by Free Radicals.



## What are Antioxidants?

Antioxidants (Free Radical Scavengers) are vitamins and phytonutrients that neutralize harmful free radicals before they have a chance to do damage. Antioxidants come from the food we eat and the supplements we take. Our scientists designed Zambroza to help your body fight the effects of Free Radicals. Each of Zambroza's ingredients have extremely high levels of various types of Antioxidants. The result is the most active Free Radical Scavenging Supplement on the market today. All this and it tastes great!



## Try Delicious Zambroza Today!

[www.HealthyYouNaturally.com/Products/Zambroza](http://www.HealthyYouNaturally.com/Products/Zambroza)  
(905) 271-1180

# Zambroza™

## Unlock The Antioxidant Power of Zambroza™



Nature's Sunshine has harvested the most nutritious fruits and natural extracts from around the world and combined them into a delicious ready to drink beverage. Zambroza is bursting with natural goodness that will help keep you feeling younger, more energetic, and healthy. Zambroza's high Antioxidant content is what makes it so unique. Each ingredient in Zambroza is an antioxidant powerhouse, giving the body what it craves each day. Discover for yourself the healing power of each remarkable ingredient in Zambroza.



# Zambroza's<sup>tm</sup> Powerful Ingredients

## **Mangosteen** (*Garcinia mangostana*)

Mangosteen is prized by natives of the South Sea islands, not only for its taste but its role as a powerful traditional medicine. Mangosteen's pericarp contains a class of super-antioxidants called xanthenes which support the immune system, structural system, digestive system, brain, and the skin.

## **Apple juice and peel extract** (*M. domestica*)

Our scientists found that a combination of apples along with apple skins contain high amounts of antioxidant compounds called phenols. Phenols help the body maintain proper cell growth, support the circulatory system and prevent the oxidation of the bad cholesterol in fat which causes premature aging in cells as well as inflammation and other damage.

## **Sea Buckthorn** (*Hippophae rhamnoides*)

Sea Buckthorn berries are one of the best known natural sources of vitamins A,C,E, and are rich in several B vitamins, folic acid, essential fatty acids, bioflavonoids, phytochemicals, phenols, and many micronutrients. Sea buckthorn has also been shown to have a strong antioxidant activity.

## **Raspberries** (*Rubus idaeus*)

Raspberries are densely packed with powerful phytochemicals that improve health and provide needed energy. Raspberries are an excellent source of manganese, vitamin C, magnesium, potassium and B vitamins. They also contain bioflavonoids called anthocyanins and ellagic acid which are powerful antioxidants.

## **Green Tea Extract** (*Camellia sinensis*)

The Chinese have known about the medicinal benefits of green tea for over 4,000 years. Today, scientific research in both Asia and the West are providing hard evidence for the health benefits of green tea such as protection against "out of control cell growth", lowering total cholesterol levels, and supporting the digestive system.

## **Wolfberry** (*Lycium barbarum*)

For thousands of years, Chinese healers used the fruit from the Wolfberry bush to strengthen the eyes, liver, kidneys, and build healthy circulatory and immune systems. One of the key constituents of wolfberry is lycium barbarum polysaccharide (LBP) which protects the body against cellular damage. Wolfberries also contain Carotenoids which are potent antioxidants.

## **Blueberries** (*Vaccinium spp.*)

Blueberries contain over forty compounds that have antioxidant properties. Blueberries also contain one of the highest concentrations of anthocyanin which makes it one of the healthiest food choices in the fight against premature aging. Blueberries have also been found to strengthen capillaries and help the body maintain healthy levels of cholesterol.

## **Grape juice, seed, and skin extracts** (*Vitis spp.*)

Scientists have measured the health properties of grapes and found that they contain the vitamins A, B and C, as well as thirteen minerals essential to human life. Grape seed extract (another ingredient in Zambroza) is rich in bioflavonoids (like resveratrol), that have powerful antioxidant properties.

