

# Nature's Gold, Level I

544 g, Bulk Powder, Stock No. 8003-1

**Coeliac alert:** This product contains gluten.

**G**ood health is becoming a highly valued commodity in today's world. As the pace of life increases, and the quality and nutritional value of our food decreases, there is an epidemic increase in chronic and degenerative diseases. Balanced nutrition, with the delivery of much-needed nutrients at a cellular level, improves the condition of any disease state, and often eliminates all symptoms.

Nature's Gold is a simple way to incorporate super nutrition into a busy lifestyle. It is a natural, highly digestible, whole food product with bountiful nutrients.

## *Did you know?*

Nature's Gold is a highly nutritious whole food produced from organic barley seed. Plant seeds are powerhouses of stored nutrients, in concentrations much higher than any other part of the plant. However, ungerminated seeds are very difficult to digest.

Employing a unique method developed for Nature's Gold, the seeds are synchronized to germinate within minutes of each other, resulting in a completely uniform nutrient concentration. The sprouts are then naturally treated by a proprietary process to enormously enhance their nutritional value and keep the nutrient levels stable for months. The unique germination and nutrient stabilization processes of Nature's Gold make it up to 97%

digestible. Regular barley that has not been treated with the Nature's Gold method has a digestibility of only about 5%.

Nature's Gold transports more amino acids, minerals, and vitamins into cells due to its enhanced digestibility.

## *NSP Advantage*

Easily digestible source of protein, vitamins and minerals.

Canada's only true Super Food, packed with highly digestible nutrients.

*Ingredients:* Each tablespoon contains 7g of organic barley.

*Recommendation (adult):* Nature's Gold must be introduced to the diet slowly in order to avoid a sudden healing crisis. Follow the directions on the label carefully. The dosing regimen for starting off on the product is as follows:

Week 1: 1/2 teaspoon per day

Week 2: 1 heaping teaspoon per day

Week 3: 2 heaping teaspoons per day

Week 4: 1 heaping tablespoon per day

Maintain: 2 heaping tablespoons per day

**Risk Information:** Do not use if you have celiac sprue disease or have an allergy to barley.

**Caution:** To preserve its nutrient value, do not heat above 35° C. Do not microwave, cook or bake Nature's Gold. This will cause deterioration of important enzymes.

## Features & Benefits

- 97% digestible organic Super Food
- Nature's Gold provides 16 amino acids (building material of protein), 7 of which are essential, meaning they must come from the diet.
- Provides vitamins, minerals, and enzymes working in synergy, in nature's perfect balance, easily absorbable by the body.
- Provides simple plant sugars that are essential to the body's normal functions of cellular regeneration and repair.
- Provides soluble fiber, which lowers cholesterol and blood sugar levels.
- Helps with detoxification and elimination.