

# Marshmallow & Pepsin

100 capsules, Herbal combination, Stock No. 848-2

**M**arshmallow & Pepsin is a digestive aid, which enhances digestive function, especially the metabolism of proteins.

Marshmallow provides relief of stomach upsets and has a high mucilage content.

Pepsin is produced naturally in the body to help digest protein.

## *Did you know?*

Pepsin is a digestive enzyme produced by the gastric and pyloric glands, which assist in the digestion of protein in the acidic environment of the stomach. Pepsin also enhances the metabolism of foreign protein, which, if absorbed by the intestines, can provoke immune system responses and the release of histamines. Histamine release is often displayed in the form of allergic reactions and respiratory congestion.

Additionally, pepsin assists in the removal of protein waste from the walls of the intestines, providing enhanced absorption of nutrients.

## *NSP Advantage*

100 capsules. Herbal combination.

*Ingredients:* 420 mg combination of the finest marshmallow (*Althea officinalis*) root and pepsin.

*Recommendation:* Take two capsules with a meal three times daily.

## Features & Benefits

- Pepsin is a digestive enzyme and may help relieve various gastrointestinal problems stemming from poor digestion.
- Pepsin's digestion-enhancing abilities may help reduce allergies and respiratory problems often associated with poor digestion of protein.
- Marshmallow is a mucilaginous herb. These herbs are very soothing to mucus membrane tissues and have traditionally been used in cases of bloating, indigestion, flatulence and hyperacidity, and for peptic ulcers.