

Garden Essence

100 capsules, Stock No. 1643-9

Garden Essence is a digestive enzyme supplement designed to assist the digestion of all types of food, with the exception of dairy.

Garden Essence contains a special combination of herbs, which help to buffer and stabilize the enzymes, preventing them from being destroyed by stomach acid.

This unique mixture also helps stimulate the enzymes for optimum effectiveness. Garden Essence contains no hydrochloric acid (HCl).

Did you know?

Aromatic herbs owe their properties mainly to volatile oils. The name aromatic is a reflection of the pleasant odour of these herbs.

Studies confirm that consuming aromatic herbs, such as caraway, ginger, fennel, and gentian, before eating improves digestion by increasing the production of digestive enzymes and fluids, and tones the tissues of the digestive tract.

NSP Advantage

100 capsules. Enzyme supplement. Advanced full spectrum plant enzyme combination. Contains no hydrochloric acid (HCl).

Ingredients: 525 mg blend of: plant source enzymes (protease, amylase, glucoamylase, lipase, pectinase, and cellulase in an herbal carrier of beet root fibre), potassium citrate, caraway seed, ginger root, fennel seed, gentian root and dandelion root. The blend provides the following enzymatic activities: 2,100 DU of amylase, 60 CU of cellulase, 5.0 AGU of glucoamylase, 12 LU of lipase, 6.0 Endo PGU of pectinase, and 6,000 HUT of protease.

Recommendation: Take one or two capsules before each meal as a dietary supplement.

Health Benefits

- Assists the digestion of all types of food, with the exception of dairy.
- Amylase metabolizes carbohydrates.
- Cellulase breaks down nondigestible fibre (cellulose).
- Glucoamylase metabolizes starches into glucose.
- Lipase digests dietary fats and oils in the stomach and small intestine.
- Pectinase breaks down pectin.
- Protease digests protein.
- Aromatic herbs stimulate the production of digestive fluids.