



Practical Practitioner Course

A practitioner's guide to client assessments, natural healing methodologies, iridology, herbal medicines and practice development.

"The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet and the cause and prevention of illness."

~ Thomas Edison

Course Hours: 21

© All Rights Reserved
Healthy You Naturally
A Div. of Lifesgoals Inc.
1834 Lakeshore Rd. West, Unit 6
Mississauga ON L5J 1J7
(905) 855-3000
www.HealthyYouNaturally.com

Table of Contents

Contents

Introduction to Iridology	3
What is Iridology.....	3
How it works.....	3
History of Iridology	3
What we can do/see with Iridology	4
What we can not do/see with Iridology	4
Different Type of Iridology	5
Basic Iridology	6
True Colors.....	6
Constitutional Strength & Structural Integrity.....	6
Basic Markings of the Iris 1/3.....	7
Basic Markings of the Iris 2/3.....	8
Basic Markings of the Iris 3/3.....	9
Iris Mappings	10
Iridology Chart	11
Iridology Tools to Use	12

How To Work With Clients	12
Lens vs. Camera	12
Pathways to Health and Disease Observed In The Iris of the Eye	13
Healing Crisis	14
Iridology Markings & Body Systems	17
The Digestive System 1/2	18
The Digestive System 2/2	19
The Intestinal System 1/2	20
The Intestinal System 2/2	21
The Circulatory System	22
The Nervous System	23
The Immune System	24
The Respiratory System	25
The Urinary System.....	26
The Glandular System 1/2.....	27
The Glandular System 2/2.....	28
General Nutrition.....	29
Children	30
Pregnancy	31
Herbal Fact Sheets	32
Herbs by Body System	33

Digestive System (1).....	33
Intestinal System (2)	33
Circulatory System (3)	34
Nervous System (4)	34
Immune System (5).....	34
Respiratory System (6).....	35
Urinary System (7)	35
Glandular System (8).....	35
Structural System (9).....	36
General Nutrition	36
Vitamins & Minerals.....	36
Children’s*	37
Key Herbs by Body System	38
Muscle Testing	44
MUSCLE TESTING – HOW DOES IT WORK? PART I.....	44
How to demonstrate your body’s electrical system	45
Scientific validation.....	46
MUSCLE TESTING – HOW DOES IT WORK? PART II.....	47
The brain.....	48
Using electrochemical circuitry for muscle testing.....	49
Summarizing response.....	50

The immune system connection	51
Muscle Testing	52
Conclusion	53
Synopsis of a Consultation	54
Practitioner Goals:	54
Step 1: Welcoming the client	55
Step 1a: Client Intake Forms (2)	55
Step 2: Chlorophyll Introduction	55
Step 3: Do you know What we will be doing	56
Step 4: Introduce & explain Iridology	57
Step 5: Clarify client needs	59
Step 6: The Iridology Examination.....	60
Step 7: After the iridology examination	61
Step 7: The Recommendation	62
Step 8: Make the follow-up appointment	66
Step 9: Getting Paid	67
Step 10: Completed Consultation	67
Managing Appointment Times.....	68
Guide to Common Ailments & Natural Healing	70
Common Ailment	70
Herbs	70

Vitamins Minerals	70
Diet	70
Other.....	70
Natural Cleansing	142
Liver & Gallbladder Cleanse	142
Kidney Cleanse	143
Alternate Kidney Cleanse	144
Herbal Cleanse Products	145
How to use BOD-E-KLENZ, PN 4082-5	145
How to use TIAO HE PAK, PN 4005-7.....	146
Standard Forms	147
Exam Guidelines	148