

# Essential Oil (Singles)

## Clove Bud BIO<sup>1</sup>, Stock No. 3903-1

The spicy, hot scent is steam distilled from the flower buds coming mostly from trees planted on islands off Africa by the British. Its aroma is powerful and penetrating. It contains antiseptic, antibacterial and antiviral compounds. Blending note: Top.

*Mixes well with:* Geranium, Lavender Fine, Lemon, Peppermint, Pink Grapefruit, Rosemary, Sandalwood, Ylang Ylang Complete.

*NSP companion products:* AL-J, **AG-X**, APS II, Para Pak, Chondroitin, Echinacea & Golden Seal, Energ-V, Fibralgia, Ginger, Glucosamine, UCL-R+, IGS II, IMM-C, **ART-A with Devil's Claw**, STR-C, HRP-C, Uña de Gato.

### *Did you know?*

50 kilos of *Eugenia caryophyllata* yields 1 kilo of essential oil of a warm pale yellow colour.

### *NSP Advantage*

Pure essential oil. 5 mL

*Ingredient:* 100% pure organic *Eugenia caryophyllata* oil.

*Suggested dilutions:* For a 1% dilution, mix 3 drops of Clove Bud in 1 tablespoon (15 mL) of Massage Oil; for a 2% dilution, mix 7 drops of Clove Bud in 1 tablespoon (15 mL) of Massage Oil; and for a 4% dilution, mix 15 drops of Clove Bud in 1 tablespoon (15 mL) of Massage Oil.

1% dilution is for children and the elderly.

2% dilution is for general massage.

4% dilution is for concentrated, local massage.

**CAUTION:** For external use only. Not for use during pregnancy or on children under 2 years of age. Do not use near eyes or mucous membranes. Strong skin irritant. Dilute before applying topically. Keep out of reach of children.

## Features & Benefits

### **Physical Benefits:**

- Exhaustion (D; I; M)
- Infections (D; I; M)
- Insect repellent (C; M; O)
- Poor memory (D; I)
- Sciatica (B; M)
- Toothache (M)

### **Emotional Benefits:**

- Nervousness (B; D; I)
- Stress (B; D; I)

*Abbreviations of the uses:* **B** for bath; **C** for cream, gel or lotion; **CC** for cold compress; **D** for diffusion; **H** for household; **HC** for hot compress; **I** for inhalation; **M** for massage; **O** for outdoors; **S** for shampoo.

1. "Biologique" or certified organic.